

## Ceroc Blaze

Ceroc Blaze 2020 in Cyprus/Paphos - we are going back to this fantastic destination for Ceroc Blaze. \*\*BLAZE ALWAYS HAS LIMITED PLACES\*\*

SOLD OUT - contact us to go on the waiting list

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Dates and Prices      3 May to 10 May - £849.00

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Unique Features      The concept in Ceroc holidays offering the chance to travel and dance in some great destinations. In 2020 we go back to Cyprus/Paphos - a fantastic destination. A stunning four star hotel right on the beach promises to be a really exciting week

As always we will be offering an explosion in the sun, fantastic, high energy workshops and unforgettable parties at night. Get ready for a jam-packed week of dancing with some of the UK's best loved Ceroc teachers.

Ceroc Blaze takes place in the amazing four star Hotel Athena Beach situated on the beach.

BOOKINGS NOW ON WAITINGLIST

\*PLEASE NOTE UPGRADE PRICES FOR ROOMS IS BASED ON PER PERSON. EXTRA NIGHT PRICES IS BASED ON PER ROOM\*

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### Your Holiday

What's Included

- | A full pass to the 7 night Ceroc Blaze
- | Daily classes and workshops with the Ceroc team
- | Afternoon parties
- | Freestyle dancing every night
- | Optional excursion
- | Return flights from London Gatwick. (Regional departures also available at a supplement\*also Gatwick now )
- | Return transfer from Paphos airport (on the standard holiday dates).
- | 7 nights' half board accommodation at the four star Athena Beach Hotel
- | full time hosted
- | Time to relax and enjoy the beach, pool, local sights
- | Welcome drink on arrival

NB: Price is based on twin-share accommodation. The supplement for a single room is 161 GBP per person; alternatively we can arrange a room share for you.

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What previous Customers Have Said about this Holiday

"Wow what an amazing time!!!!!!!!!!!!!!!"

"I danced my socks off. And then danced some more!"

"Fabulous choice of classes and workshops with a good balance of time to relax and enjoy the hotel and nearby beach"

"Your tour host deserves a gold medal, she was brilliant. Always around and nothing was too much for her. I don't know how she does it"

"Hotel and organisation were first class"

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Is this holiday for me? If you love to travel, dance and make new friends then this is for you. A week offering some really varied activities and some brilliant dancing and discovering a fantastic destination.

We do recommend that you're not a complete beginner to Ceroc to really get the most out of this holiday. Take a few lessons before, get the hand of it all, meet some like-minded Ceroc friends and come and join us.

As well as a schedule of classes and workshops plus afternoon parties and freestyles every night there is time to

relax and enjoy the hotel facilities, the beach nearby and the local sights.

Your Destination,  
includes sightseeing

Climate and weather

Weather: the climate in Paphos is mild and nearly always sunny. Average May temperatures: 28°C

Your Accommodation

Athena Beach - Hotel\*\*\*\* (Half Board) (Included)

Constantinou Bros Athena Beach Hotel is a four star, beachfront hotel in Kato Paphos within easy walking distance from the picturesque harbour, the archaeological sites, the shops and the nightlife. A bus stop is just outside the hotel and taxis are always available. Parking in the hotel car park is free for guests.

The resort is situated 15 km away from the Paphos International Airport and 140 km from Larnaca International Airport.

All the rooms feature spacious balconies offering beautiful views of the hotel's tranquil gardens or of the Mediterranean sea, as well as luxury bathrooms featuring bath tub, rain shower and flexible hose shower, Simmons® Luxury Beds and floor to ceiling windows.

Room facilities include among others air conditioning and heating, flat screen LCD satellite TV (26 inch in land view rooms and 32 inch in all other rooms) and radio, fridge, mini bar, hairdryer, scales, make-up/shaving mirror, ironing facilities, safety deposit box as well as tea and coffee making facilities.

The leisure facilities of this hotel include 3 freshwater swimming and 2 paddling pools, a waterslide, indoor pool (heated during the periods 1st November - 31st March), indoor and outdoor Jacuzzis, floodlit tennis courts, a 24-rink indoor and outdoor Bowls Green facilities, mini golf and a children's playground with Kids Club.

In the hotel's Elixir Spa there is a heated pool, a sauna, a steam bath, a fully equipped gym and a hairdressing salon. You can also choose from a good choice of professional massages and facial and body therapies, aromatherapy and other treatments are also available.

Classes and Workshops

Dance workshops: Ceroc Blaze offers a full schedule of dance workshops, with at least 2 hours each day. These workshops will not only give you precious time with the top Ceroc teachers in the UK who will entertain you with their humour, personality and excellent teaching technique, but also will give you the opportunity to take different modules including: Styling, Lifts, Drops and Seducers, Dirty Dancing, Fancy Footwork, Close Moves, Stops Breaks and Pauses. This is a unique opportunity to widen your Ceroc repertoire, gain confidence within your dancing and dance as much as you want.

Venue for classes: All the workshops will conveniently take place within the hotel and the hotel next door.

We aim for all of our Ceroc events to be gender balanced. We believe that gender balancing is an important feature of Ceroc events as it ensures maximum enjoyment for everyone. Ceroc normally requires a male lead and to create a successful event it is important for both men and women to have equal workshop and freestyle opportunities.

We strive to ensure a successful gender balance by creating appropriate promotions where necessary.

The Learning  
Experience

Ceroc Blaze is suitable for dancers of all abilities but we do recommend, for maximum enjoyment, that you have some experience before joining the holiday.

There is a full schedule of dance workshops, with at least 2 hours each day and different modules include: Styling, Lifts, Drops and Seducers, Dirty Dancing, Fancy Footwork, Close Moves, Stops Breaks and Pauses. This is a unique opportunity to widen your Ceroc repertoire, gain confidence within your dancing and dance as much as you want.

The Ceroc UK teachers aim is to ensure that everyone gets something out of the classes; even the most advanced dancers will be stretched and will return from the week away with new additions to their repertoire. What's more, the teaching team inject a fantastic sense of fun into all the classes and workshops.

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#### Daily Itinerary

##### Sample Itinerary

This is a provisional itinerary aiming to give you an idea of what your holiday will look like. There will be some elements which will change:

##### DAY 1

During the day - Arrive at Paphos Airport and transfer to the Hotel Athena Beach

Evening - Overview of the week; Dinner included; Welcome drink and Ceroc Blaze freestyle night

##### DAY 2

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Late afternoon - Afternoon party

Evening - Dinner included; Ceroc Blaze freestyle night

##### DAY 3

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Lunchtime - free time to relax

Evening - Dinner included; Ceroc Blaze freestyle night

##### DAY 4

Free day to relax by the pool or on the beach, or do an excursion (optional extra)

Evening - Dinner included; Ceroc Blaze Fest freestyle night

##### DAY 5

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Late afternoon - Afternoon party with games

Evening - Dinner included; Ceroc Blaze freestyle night

##### DAY 6

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Evening - Dinner included; Ceroc Blaze freestyle night

##### DAY 7

During the day - Pick and mix Ceroc Blaze dance workshops and/or sunbathing around the hotel pool or on the beach

Later afternoon - Afternoon party

Evening - Dinner included; Ceroc Blaze freestyle night. Farewell dance party.. FANCY DRESS THEME NIGHT TO BE ANNOUNCED.

##### DAY 8

Check out and transfer to Paphos Airport or, if you have a later return flight leave your bags with reception and continue to enjoy the hotel facilities.

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#### Nightlife

Ceroc Blaze includes 7 fabulous freestyle nights.

In addition to dancing and music from Ceroc UK's top DJs, our freestyle nights include fun competitions, Cabaret and a showcase by the teachers on the last night.

The Ceroc UK team are fantastic party hosts and they will ensure you have some unforgettable nights.

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#### Your Teachers

Teaching the Ceroc Blaze workshops and dancing with you during freestyle nights will be some of the top names in Ceroc from the UK. The teaching team are chosen not just for their great teaching technique but also for their charisma, sense of humour and fun. Among the teachers will be:

Debbie Attwood

A renowned figure on the UK Ceroc scene, Debbie began teaching in 2001 as part of a fresh start after the breakdown of a relationship. She fell in love with it and two years later in 2003 opened a Ceroc franchise in her home county of Worcestershire. Debbie is still as passionate about Ceroc today as when she first started and has helped to run our annual Ceroc Med Fest event for the past 7 years.

more teachers to be confirmed

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Food and Meals      Cuisine: Cypriot cuisine is the cuisine of Cyprus and is closely related to Greek cuisine and Turkish cuisine. The Cypriot cuisine also includes influences from Byzantine, French, Italian, Catalan, Ottoman and Middle Eastern cuisines.

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Optional Extras      What are optional extras? In addition to your holiday we also offer a variety of optional extras to add some local colour to your holiday. Optional extras can be pre booked and you will receive more information closer to the holiday \*minimum numbers required\*

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Single Room  
Supplements,  
Upgrades and Budget  
Options

Option 1 - Included

Athena Beach - Hotel\*\*\*\* Half Board - (03/05/2020 to 10/05/2020 - 7 nights)

Superior Sea View Twin Room (Based on 2 sharing)	189.00 GBP
Superior Sea View Twin Room Single Occ. (1 Person)	350.00 GBP
Twin Room Land View (Based on 2 sharing)	Included
Twin Room Land View Single Occ. (1 Person)	161.00 GBP
Twin Room Sea View (Based on 2 sharing)	70.00 GBP
Twin Room Sea View Single Occ. (1 Person)	231.00 GBP

Extra Nights

Superior Sea View Twin Room (Based on 2 sharing)	172 GBP per night
Superior Sea View Twin Room Single Occ. (Based on 1 sharing)	109 GBP per night
Twin Room Land View (Based on 2 sharing)	130 GBP per night
Twin Room Land View Single Occ. (Based on 1 sharing)	88 GBP per night
Twin Room Sea View (Based on 2 sharing)	150 GBP per night
Twin Room Sea View Single Occ. (Based on 1 sharing)	98 GBP per night

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Flights and Transfers      Flights : This holiday includes flights from GATWICK\*. Flights from regional airports are available (supplement applies).

NEW: Now also supplements for flights from Gatwick

We provide transfers from Paphos airport (on the standard holiday dates).

If you buy your own flight we can offer you a discount of £150 per person.

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Making you own way      If you buy your own flight we can offer you a discount of £150 per person.

to the hotel for      We provide shuttle transfers from Paphos airport (on the standard holiday dates).

ground only package

If you are arriving on a different day, please make your own way to the hotel.

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What to Expect in      On Arrival: You will receive a detailed itinerary and details of any optional extras.

## terms of Organisation

**Tour Host:** Over the week you will have a tour host who will be available to help you with any questions that you may have. They are present from the pickup at the airport until you go home, and also actively participate in the social events. Whilst it should be noted that tour hosts cannot be present at every moment (as they sometimes must prepare other activities for your holiday), their role is to facilitate as much as possible that you have an unforgettable holiday.

**Overview of the Week and Welcome Drink:** At the beginning of the week there is an Overview of the Week where your tour host will tell you about all details of your holiday. Also at the start of the week, Dance Holidays will invite you to be our guest to a drink.

**Getting Around:** You are responsible for making your own way to the dance classes and meeting points on the itinerary.

**Free time:** We encourage you to explore the local area and make use of the excellent hotel facilities. This can be done when you please around the activities and dance classes that we have organized for you. Your tour host will be on hand for any queries you may have about the local area.

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## Before Your Go

**Health and Fitness:** There are no particular health requirements for a dance holiday. However you should be able to dance for at least two hours a day in order to be able to enjoy the workshop/socials.

**Insurance:** Insurance is a condition of booking.

**Travel Documents:** You receive these 10 days prior to departure. We also confirm the address and phone number of the hotel and the emergency contact numbers.

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## Essential equipment and clothing to bring

**What to wear for Ceroc workshops and freestyle nights:** We recommend that you bring shoes with a leather sole for the dance classes and the evenings. Your shoes should be comfortable and supportive. Wear lightweight cotton socks to avoid sweaty and blistered feet! Wear comfortable loose clothing for the classes. We expect the Freestyle Nights to be quite dressy so bring some glam gear with you for the evenings!

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## At Your Destination

**Banks and Money:** The easiest way to buy obtain euros is by using a credit card at the cashpoints. You can buy small amounts, as often as you like, at any time, without queuing. You will need to know your P.I.N. Bank opening hours are normally 9.00 a.m. to 2.00 p.m. Banks will change cash, travellers cheques and will sell you currency on your credit card providing the lines are open. You will always need to show your passport at a bank.

**Making friends with the Locals and people not on the holiday:** The dance classes and dance evening events in the hotel at night are exclusive to Dance Holidays clients. Generally, we discourage people who are not on the holiday from joining our activities and we ask for your discretion in this respect. By all means, outside of the itinerary, do mix with other holidaymakers staying in the hotel.

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